

**KINGSBURG JOINT UNION HIGH SCHOOL DISTRICT
AIR QUALITY ACTIVITY POLICY**

Index Values	Air Quality	Health Cautionary Statement
Over 300	Hazardous	No activity outside—remain indoors. “Emergency Episode.
201 – 300	Health Advisory	All outdoor activities will stop. Indoor activities may continue in a closed environment.
151 – 200	Unhealthy Air Quality	All students and adults should be cautious and curtail outdoor activities and avoid any prolonged exertion. Students and adults with history of respiratory disease such as asthma or heart disease will participate only in activities that can be conducted indoors.
101 – 150	Unhealthy for Sensitive Groups	Students and adults with respiratory diseases such as asthma or heart disease should not participate in any activity that would cause high levels of exertion. All other students and adult should limit outdoor activities.
51 – 100	Moderate	Students and adults with history of extremely sensitive respiratory diseases such as asthma should consider limiting prolonged outdoor exertion.
0 – 50		None

Information:

- To identify all asthma students and other student that air quality may affect, please refer to the confidential medical list.
- Each day the Fresno Bee publishes the previous day’s air quality measurement and the present day projected air quality. This information is included on the Weather Report page (Local/State Section).
- Air quality forecast/ratings information may be obtained at www.valleyair.org or by calling 1-800-4463.
- It is suggested that all coaches sign up for the Valley Air District’s Real-Time Air Advisory Network (RAAN) for schools. By doing this you will be notified of changes in the Air Quality around Kingsburg High School. The website to sign up is: http://www.valleyair.org/Programs/RAAN/raan_landing.htm
- It is suggested that during hot weather, the instructors should schedule activities in the morning.
- During cold weather, early morning hours are the high-risk times for students with respiratory illnesses/diseases and it is suggested that instructors should schedule activities during the afternoon.